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Scotland and Dementia Research

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SCOTLAND AND DEMENTIA RESEARCH



Kwantlen Polytechnic University (KPU) researchers/instructors Carol Hansen, Judith DeGroot and Sharon Leitch travelled to Scotland to learn about its national strategic dementia plan and review current research.



By 2031, **1.4 million** Canadians will have dementia.



Canada does not have a national strategic plan for supporting individuals who are diagnosed with dementia.

What's the Research Challenge?

The challenge that needs to be addressed is the development of an action plan for the improvement of care and support for people with dementia. Canada's current dementia plan is focused on research and treatment.

SUPPORT

What Did They Do?

While in Scotland, the researchers learned the methods and practices being used to support people living with dementia. By developing dementia-friendly neighbourhoods, people living with dementia in Scotland were able to live productive, meaningful lives in their own homes. They also experienced improvement in confidence.



The fear of a dementia diagnosis was significantly reduced due to a year of post diagnosis support.

What's Next?

Using their literature and knowledge, the researchers will connect with industry, community and government to develop an action plan for the implementation of a dementia friendly community in Canada.

Impact.

Learning and understanding people living with dementia is an imperative tool for students who are pursuing a career in a health related field.

RESPECT

Developing dementia friendly communities will encourage early diagnosis, support, dignity, and respect for those living with the illness.

DIGNITY

EARLY DIAGNOSIS



Facility = \$130 a day

VS

At-Home Care = \$55 a day

It only costs \$55 per day for at-home care compared to \$130 per day in a facility.



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